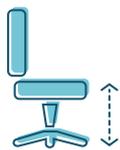


Operating instructions

Mono Task Chairs

ALL ADJUSTMENTS SHOULD BE MADE WHILST SEATED

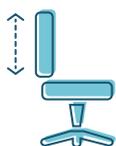


Chair Height Adjustment. The overall height of the chair is adjusted by lifting the lever located below the middle of the seat on the right-hand side. Lift your weight off the chair allowing it to rise and release the lever at the desired height. To lower simply lift the lever.



Back Angle Adjustment. The unique characteristic of the Mono Synchronized mechanism is its automatic tension adjustment to accommodate different user weights. This makes Mono ideally suited for use in free float (unlocked) mode, encouraging regular movement and the associated health benefits this can bring.

The synchronised recline of the seat and back is locked and unlocked by pressing in and releasing the button located in the centre of the height adjust lever referred to above. Please be aware that there is a safety feature that requires you to lean gently into the chair back before it will release. The back can be locked in any of five positions or left unlocked to follow your movements.



Back Height Adjustment. The back height is adjusted by lifting it back up a step at a time for correct positioning of the lumbar curve. When the back reaches the top of its travel it will then drop back to the start position.



Height And Width Adjustable Arms. The arms have a button located on the outside face of the upright support. Press this in, set the arm at the desired height and release the button to lock. The arms adjust for width by unlocking the paddle at the base of each arm, sliding the arm outwards and then lifting the paddle to lock in position.



Folding Adjustable Arms. If the chair is fitted with optional folding adjustable arms these have a button located half way down the outside of the post to adjust the height and a second button at the bottom to allow the arm to be rotated backwards, out of the way.



Seat Depth Adjustment. The seat depth is adjusted by pulling outwards the handle that is located below the front, right hand side of the seat. Slide the seat forwards and release the handle to lock the seat in the desired position.